

# PLANNING 2021-2022

L'atelier  
PERCHÉ

lundi	mardi	mercredi	jeudi	vendredi	samedi	dimanche
				10h-11h HATHA YOGA	9h45-10h45 YOGA DYNAMIQUE	- fermé -
12h15-13h15 PILATES	12h15-13h15 MEDITATION	12h15-13h15 YOGA DOUX		12h15-13h15 YOGA DYNAMIQUE	11h15-12h15 MEDITATION	
18h30-19h30 YOGA DYNAMIQUE	18h-19h SERENITY YOGA		18h-19h YOGA INTERM.	18h-19h PILATES		
19h45-20h45 YOGA DOUX	19h30-20h30 YOGA DYNAMIQUE	19h30-20h30 SERENITY YOGA	19h30-20h30 PILATES	19h30-20h30 YOGA DOUX		